

Immanuel Lunch Menu October 2023

Mon – Oct 2	Tues – Oct 3	Wed- Oct 4	Thurs – Oct 5	Fri-Oct 6
Pulled Pork on Bun Au Gratin Potatoes Baked Beans Fruit & Vegetable bar Assorted Milk	Meat Loaf Mashed Potatoes & Gravy Corn WG Dinner Roll Fruit & Vegetable bar Assorted Milk	Mandarin Orange Chicken Stir Fried Rice California Vegetable Blend Fruit & Vegetable bar Assorted Milk	Breaded Pork Chop Stuffing and Gravy Green Beans WG Dinner Roll Strawberry Cheesecake Fruit & Vegetable bar Assorted Milk	COLD LUNCH DAY
Mon – Oct 9	Tues – Oct 10	Wed- Oct 11	Thurs – Oct 12	Fri-Oct 13
Chicken Fajitas or Rice Bowl Mexican Brown Rice Black Beans Fruit & Veggie Bar Assorted Milk	Pizza Corn Bread Stick Fruit & Veggie Bar Assorted Milk	Goulash Green Beans Fruit & Veggie Bar Assorted Milk	Chicken Patty on a Bun French Fries Peas Frosted Cake Fruit & Veggie Bar Assorted Milk	NO SCHOOL
Mon – Oct 16	Tues – Oct 17	Wed- Oct 18	Thurs – Oct 19	Fri-Oct 20
NO SCHOOL	Hamburgers on Bun Baked Beans Corn Fruit & Veggie Bar Assorted Milk	Chicken Nuggets Curly Fries Broccoli Ice Cream Treat Fruit & Veggie Bar Assorted Milk	Hot Dog Crinkle Fries Fruit & Vegetable Bar Assorted Milk	COLD LUNCH DAY
Mon – Oct 23	Tues – Oct 24	Wed- Oct 25	Thurs – Oct 26	Fri-Oct 27
NO SCHOOL	BBQ Chicken Sandwich Baked Beans Corn Fruit & Veggie Bar Assorted Milk	Spaghetti with Meatballs California Blend Vegetable Garlic Bread Fruit & Veggie Bar Assorted Milk	Pork Roast Mashed Potatoes & Gravy Seasoned Carrots Apple Crisp Dinner Roll	Chicken Alfredo Broccoli Garlic Toast Fruit & Veggie Bar Assorted Milk
Mon – Oct 30	Tues – Oct 31		USDA is an equal opportunity provider and employer	
Beef Stew Corn Bread Baked Cinnamon Apples Fruit & Vegetable bar Assorted Milk	Pigs in a Blanket Curly Fries WG Cookie with Candy Pieces Fruit & Veggie Bar Assorted Milk			Menu Subject to Change